

# MENTAL HEALTH COUNSELING

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Trinity Valley Community College takes the mental health wellness of all students very seriously. Mental health and personal counseling is available to all enrolled TVCC students. Mental healthcare is provided at no charge to students. Students who are experiencing personal issues, test anxiety, depression, and other mental health issues will have access to a licensed counselor. A referral list is also available to identify local mental health authorities (<https://www.tvcc.edu/Cardinal-Success-Center/article.aspx?a=4503&z=614&d=231>) at the bottom of the homepage at [www.tvcc.edu](http://www.tvcc.edu). For more information regarding this service, or to make an appointment for counseling, please contact the Director of Counseling and Access/ADA coordinator, Melinda Berry, at [mlberry@tvcc.edu](mailto:mlberry@tvcc.edu) or 903-675-6224.