

CARDINAL FITNESS CENTER

The Cardinal Fitness Center is a state-of-the-art facility offering a full range of cardiovascular, machine exercise, and free weight equipment. Also offered at the Cardinal Fitness Center is an open half-court basketball floor and an outdoor walking trail. In addition, the Cardinal Fitness Center is home for our Cardinal cheer and softball teams. The Center opened in 2018 and was made possible by a grant received from the Cain Foundation. It is located on the southeast corner of campus and is available to students, faculty/staff, faculty/staff dependents, and Cardinal Club members. A student, faculty/staff, or member ID card is required for access to the Center. To obtain your ID card visit the TVCC Police Department.